

# Holiday Closure Dates

**Our practice site and online services will be closed from Friday 24th December 2021 to Monday 3rd January 2022**

We will not be checking emails or taking calls during this time.

If you are struggling and need support please contact:

[Samaritans](#)

Call 116 123

[jo@samaritans.org](mailto:jo@samaritans.org)

[NHS](#)

Call 111 (Dial 2 for a mental health crisis)

[Switchboard](#) (LGBTQIA+)

Call 0300 330 0630

[chris@switchboard.lgbt](mailto:chris@switchboard.lgbt)

[text SHOUT](#) to 85258 for 24/7 crisis support

[Childline](#) (under 25's)

Call 0800 1111

SAMANTHA HUGHES

[The Silver Line](#) (over 55's)

Call 0800 4708 090

If you don't feel like you can keep yourself safe please call 999 in an emergency.

